# SUPERVISION

MAKE A DIFFRENCE WIHT SUPERVISION
BE YOUR DIFFRENCE IN YOUR WORK SPACE

Prepared For:

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in the space of you and I

# WHY





#### FOR YOU TO PONDER

- Are you always curious about our own being?
- May I invite you to be more specific for now.
   Why am I doing what I am doing right now as a LEADER?
- How have I been developing as a LEADER?
- How do I know my being as a LEADER serve well with my team?
- How is my being as a LEADER?

NOW...



If you have the above any of the above questions or more, then you are finding your why, which is why SUPERVISION for you.

I invite you to join me in a space that we can explore the unlimited potential you and I have...



# **WHAT IS**

## **SUPERVISION**

Supervision is a co-created and collaborative learning relationship that supports the supervisees in their development, both personally and professionally. Through the process of reflecting on their work in supervision, the supervisees can review and develop their practice and re-energize themselves. Supervision offers a forum for supervisees to attend to their emotional and professional well-being and growth. Through the relationship and dialogue in this alliance, leaders receive feedback broaden their perspectives, generate new ideas and maintain standards of effective practice.

Dr Alison Hodge: Executive Coach, Coaching Supervisor & Change Consultant

**Supervision** can have different forms and functions, and it is really depend on your work place which can include:

- Practice / clinical supervision, which aims to support learning and develop competency related to a specific clinical task.
- Professional supervision, which is largely focused on identifying professional learning and development needs and CPD.
- Operational/line management supervision.
   HCP-Health and Care Professions

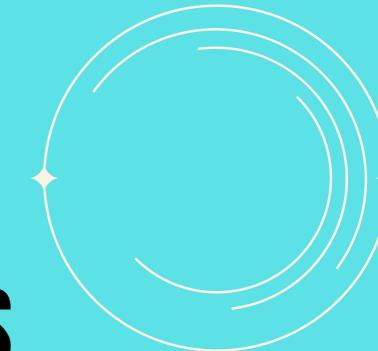
**Supervision** focuses on supporting and developing leader in organizational practice.

It creates a safe space for the leader to share successes and failures through create selfawareness, identify blind spots, and learn from experiences to improve leadership practice.

It involves reflect on practices, explore techniques, feedback, challenge and tips on leadership enhancement inwardly and outwardly.



# FREQUENT ASKED QUESTIONS



We are always full with curiosity and they more we knew the more we want to find out. And answer found more questions. Join me and I will answer personally but for now here are some that may calm our mind.

There is no 1 fix answer. But good to be reflective enough for yourself as a leader. very rough rule of thumb 4-6 times per year.

My common practice as a coach is one hour every month. Or when I need urgently need it.

#### **HOW FREQUENT?**

Supervision may include: Exploring the leader's internal process through reflective practice. Reviewing the supervision agreement and any other psychological or physical contacts, both implicit and explicit. Uncovering blind spots.

Google

## WHAT CAN I EXPECT FROM SUPERVISION?

I was thrilled with the result especially when I totally felt safe being myself as who I am. The space of journeying through the process not only with supervisor but most incredibly is you with yourself. The human in me as a coach to leaders.

## WHAT WAS MY EXPERIENCE IN \_\_\_\_\_\_ BEING SUPERVISED?

A Mentor (As Subject Matter Expert) primarily supports a leader in achieving the levels of competency and building skills in the Core Competencies. Supervision offers a leader a richer and broader opportunity for support and development.

### SUPERVISION AND MENTOR, WHAT IS THE DIFFERENCE?

Not mandatory. While it is recommended and also good to have as a practice.

This can strengthen our inner work as a leader where we hold accountable of what we want to practise.

## SUPERVISION IS NOT OR MANDATORY FOR LEADERS?

Yes! Anyone, can be a leader with some experience of leadership roles or coaching can be a plus point. And importantly, make sure you go for a learning journey and one of the highly recommended on is <u>Coaching Supervision Academy</u>.

WHO IS SUPERVISION FOR?





I, Patricia Liaw Siaw Wei now no longer a first-time supervisor. I have worked with coaches, managers, leaders around the world and we have had beautiful and amazing discoveries between us and I am truly grateful that we have met and come to this SUPERVISION SPACE.

When the COACH/SUPERVISEE is ready the SUPERVISOR will be there!

I, **THE SUPERVISOR** love to welcome you to join me for up to a minimum of 6 + 1 + 1 sessions for a period of 6 months (meaning we are meeting once a month). USD200 per session per hour (My current 2023 normal rate). Returning supervisee can enjoy substantial discounted rate but for now during this period I am requesting your kind contribution of your choice in the following way.

USD150 per session per hour + donation of any kind at your own.
TOTAL USD800 for first-time sign-up.

So connect and speak with me.

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www.MADWITHME.com	https://www.linkedin.com/in/madwithme/